



UW-MADISON EXTENSION



Douglas County 4-H Newsletter

February/March 2020

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Hi 4-H members and families,

Wisconsin 4-H just re-released a promise called the Green Guarantee. This is not new, however, the lingo has not been used in many years. 4-H has always upheld these traits, and now we have a easy catchphrase to use and remember it by.

WISCONSIN 4-H GREEN GUARANTEE

In Wisconsin, 4-H members will have the opportunity to:

- Develop positive relationships with peers and adults;
- Be actively involved in their own learning;
- Make meaningful contributions through community service and leadership;
- Develop skills that will help them succeed;
- Recognize, understand and appreciate others;
- Have fun.

As we think about planning and holding our 4-H activities we need to be aware of this Green Guarantee and asking ourselves are we upholding this promise to ourselves and the members?

Some ways to encourage this at club meetings is to ensure youth officers are organizing and running the club meetings, have icebreakers and activities for youth to get to know each other, involve all members in planning for club events.

Sincerely,

Katie Stenroos
Douglas County 4-H Program Coordinator

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CALENDAR

FEB	10	4-H Leader's Association Meeting: 6:30pm at Northwestern High School
	16	Winter Fun Day– Sledding at Nemadji Golf Sledding Hill, 1:00pm
	17	Extension Office Closed for President's Day
	28	JR Leader's Snowtubing at Mont Du Lac
MARCH	23	Douglas County 4-H Horse Association Meeting, Youth Building, 6:00pm
APRIL	3	Cultural Arts Registration Due
	13	4-H Leaders' Association Meeting
	18	Cultural Arts Festival, Northwestern Elementary School

4-H CLUBS	LOCATIONS	LEADERS	PHONE #S
BIT N' SPUR 4-H	Superior	Nola Stenroos Carolyn Jones	(218)348-3707 (218)349-7707
CLOVER COUNTRY	Maple	Pat Luostari Tricia Garland	(715) 363-2456 (218)341-3220
HORSES 'R' US	Lake Nebagamom	Lareasha Connors	(507)461-1393
LAKELAND RIDERS	Superior	Tia Love-Hankins	(715) 378 - 4246
NORTHERN LIGHTS	Superior	Diane Van Zee Kara Rivord Angel Carlson Kristy Strom	(319)321-8430 (218)390-5242 (715)817-0778 (218)393-9912
PONY EXPRESS	Superior	Madison Stalvig Elizabeth Eccles	218-434-5879 715-817-5541
DISCOVERY 4-H CLUB	Cooper Elementary	Ryan Stovern Sarah Hamilton	(715) 718-0661 (218)393-8162
HORSE ASSOC.	Youth Building Fairgrounds	Lareasha Connors	(507)461-1393

4-H BOARD OF DIRECTORS

President: Diane Van Zee
Vice-President: Clorissa Kroll
Treasurer: Angel Carlson
Secretary: Nola Stenroos
Historian: Kristen Clemmer
Youth Delegate-at-Large : Donald Carlson
Youth Delegate-at-Large : Armela Lane
Adult Delegate-at-Large: Levi McCracken
Adult Delegate-at-Large: Jenny Kroll
Advisor: Tricia Garland



Help wanted for our newsletter and website!

Send your club stories, meeting minutes, photos and/or videos to the office!

UPCOMING EVENTS

Winter Fun Day!

February 16, 2020

Come have a fun afternoon of sledding and pizza with 4-H friends!

1:00pm– 2:30pm Sledding at Nemadji Golf Sledding Hill

3:00pm– Pizza provided at VIP Pizza by Douglas County 4-H Leader's Association

*Bring your own sleds, warm winter clothes, and fun attitude!

*Parent or guardian must stay with youth and provide own transportation from sledding hill to VIP Pizza.



4-H Newsletter Mailed or Emailed

The bi-monthly newsletter will be sent to you either by email and mail if you so desire.

If you wish to help save the planet and receive an email only version, please contact Katie to stop the mailed version.

SAVE THE DATE:

April 18– 4-H Cultural Arts Festival

Northwestern Elementary School

Project check in– 8:30am

Judging starts at 9:00am

Demonstration contest: 9:30am

Speech and Literature contest: 9:30am

Clothing Revue– 12:00pm

Dramas– 12:30pm

Awards and Recognition: 2:00pm

Showcase your beautiful arts & crafts, photography, computer art, writing and posters!

Perform your demonstration, musical pieces, speeches, interpretative reading, memorized poetry, storytelling, group dramas or solo acting!

All projects will be judged and receive awards. Cash awards for ribbons are:

Blue- \$3.00

Red: \$2.00

White: \$1.00

Poster contest theme:

“What’s your spark?”

(passion, hobby, favorite 4-H project)

NEW THIS YEAR:

Poster Making Workshop– 9am

Come and learn how to make a “Blue Ribbon Quality” poster and then enter it in the contest judging at 11:00am!

Drama Workshop– 9:30am

Learn and practice how to make and perform skits with new 4-H friends, then perform the skits in the afternoon!

Registrations forms to be mailed home in March.

IMPORTANT INFORMATION

New Head of the Lakes Fair Dates

*The Head of the Lakes Fair will now be held July 21-26th, 2020!

New Fair Management

*In November, Douglas County approved a new fairground management group to oversee portions of the fairgrounds and to operate the fair. The group is DHL Management which is run by Daniel Litcke and Dustin Soyring.

Fair Premium Book Committee

*If you are interested in serving on the Fair Premium book committee to help revise and making changes to the premium book, please email Katie at katelin.stenroos@wisc.edu.

New 4-H Volunteer Training

If any interested adult who would like to become a registered 4-H volunteer starting for the new 4-H year, can contact Katie Stenroos to schedule a 1 hour long in person Volunteer training to be held at the Extension Office. In addition to attending a training session, interested volunteers need to complete the 4-H enrollment process on <https://wi.4honline.com/>, pass a background check ran through the University of Wisconsin-Madison Extension, complete an online Mandated Reporter training and agree to follow Volunteer Behavior Expectations. Please contact Katie Stenroos if you are interested in becoming a registered 4-H volunteer by emailing katelin.stenroos@wisc.edu or calling at 715-395-1365.

Youth for the Quality Care of Animals: Quality Care = Quality Meat

Excellent quality meat is not just a result of the breed or feed. It has everything to do with excellent animal husbandry, care and well-being of the animal. Youth for the Quality Care of Animals (YQCA) is a nationally developed, researched based program that certifies youth in the principles of this care. Those youth that show and sell livestock at the County Fairs across the state are encouraged, and often required to take the YQCA course as a condition of participating in the fair.

The three tenants of the YQCA program are *Food Safety, Animal Well Being* and *Character*. The topics explored within the course include:

- Providing Quality Feed, Administering Animal Health Products, Herd Health Plan
- The Basics of Animal Care, Animal Handling and Food Quality, Ethics and Animal Well Being
- Youth Leadership and Service, Emergency Action Plan, Environmental Stewardship

YQCA certification will be required for youth that are planning to enter their livestock meat project in the Head of the Lakes Fair.

Youth interested in the food industry or animal science are welcomed to take the online YQCA course provided by UW Madison, Division of Extension.

Youth can register on-line to begin the class and achieve certification at: <https://fyi.extension.wisc.edu/youthlivestock/yqca/>.

Please contact Jane Anklam, Agriculture Educator with questions (jane.anklam@wisc.edu or 715-395-1515).

VOLUNTEER CORNER

Essential Elements of Positive Youth Development

The four essential elements of **belonging, mastery, independence, and generosity** form the foundation of positive youth development. Are these elements fostered in the 4-H club?



Belonging

Youth need to know they are accepted by others and experience a sense of connection to others in a group. Research shows that it is important for youth to have opportunities for long-term, consistent relationships with adults other than their parents. A 4-H club fosters belonging by encouraging youth to form friendships with peers and bond with caring adults who encourage and help them grow in positive ways. 4-H also allows youth to be part of a supportive environment where collaborative learning is encouraged.

In the 4-H club...

- Do youth participate equally with adults in planning, implementing, and evaluating club activities?
- Is time provided for both youth and adults to interact and have fun together?

Mastery

Youth experience mastery when they develop skills, knowledge, and attitudes that enable them to succeed. To develop their self-confidence, young people need to believe that they are capable and experience success at solving problems. Youth need safe settings for making mistakes, taking risks, and focusing on self-improvement. A 4-H club fosters mastery by providing many opportunities for project work, evaluation, and feedback. Through experiential education, youth explore new skills in topics of interest to them and learn how to transfer those skills to other life situations.

In the 4-H club...

- Do members have the opportunity to practice skills until they master them?
- Do members receive feedback and recognition for their accomplishments?

Independence

Youth need to know they are able to influence people and events through decision-making and action. Independence refers to an adolescent's growing ability to think, feel, make decisions, and act on her or his own. By gaining a sense of independence, youth develop personal responsibility and self-discipline. A 4-H club fosters independence by providing youth with decision-making and leadership experiences including serving as a club officer, mentor, teacher, committee chair, ambassador, and youth leader, among others.

In the 4-H club...

- Are youth challenged to attempt new things or learn new skills?
- Do members have the opportunity to apply what they've learned in 4-H to their everyday lives?

Generosity

Young people need to feel their lives have meaning and purpose. They need opportunities to connect to their communities and give back to others. As part of this process, they gain an understanding of others' needs and learn how to respond to these needs. Generosity may also include the development of values such as compassion and tolerance for diversity. A 4-H club fosters generosity by encouraging members to use their skills to improve others' lives by mentoring younger members, identifying community needs, and participating in service projects. 4-H experiences should also teach youth to accept differences, resolve conflict, and empathize with others.

In the 4-H club...

- Do youth and adults work together to practice service to others?
- Are members recognized for their community service contributions?

4-H Project Night

Thank you to everyone who attended the 4-H Project Night at
Northwestern High School on January 20th!

Thank you to our wonderful youth and adults who volunteered to teach sessions!



4-H Afterschool

In January members at Northwestern Elementary, Bryant Elementary and Four Corners Elementary had fun building designs with marshmallows and toothpicks!





Douglas County 4-H JR Leader's Association Snowtubing and dinner!



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All youth in grades 8-13 are invited to attend the event on
Friday, February 28th at Mont Du Lac!

What is the JR Leader's Association: A fun group for older 4-H members
to connect and participate in activities together and become leaders and
role models in the 4-H program!

4:30pm-Meet at 4-H Building at Fairgrounds

5:00pm-Arrive at Mont Du Lac

5:00pm-7:00pm- Snow tubing fun!

7:00pm- Dinner provided at Mont Du Lac

7:40pm- Depart Mont Du Lac

8:00pm- Arrive back at 4-H building for pick up

The event is free, pre-registration is required by February 26th
to katelin.stenroos@wisc.edu or 715-395-1365.

**Youth must have a waiver signed by parents/ guardians completed online, or they will not
be able to snow tub. Link to complete waiver:**

<https://www.mdlresort.com/waivers-and-forms/>

Name: _____ Grade: _____ Gender: _____

Youth Phone number: _____ Youth email address: _____

Emergency contact name: _____ Phone number: _____

Does your child have any food allergies? _____

I grant the University of WI Board of Regents and University of WI-Extension, the right to use, publish, and
copyright my child's image (including audio, moving image or photograph) for educational programs, website,
and promotion of University programs. The University adheres to all Federal and State laws associated with
this use.

_____ Yes _____ No

Parent Signature: _____ **Date:** _____

By signing this form you are allowing your child to attend the JR Leader's Snowtubing event.

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Extension

UNIVERSITY OF WISCONSIN-MADISON
DOUGLAS COUNTY

Douglas County 4-H
1313 Belknap Street,
Room 107
Superior, WI 54880

Douglas County Extension Office

Katelin Stenroos, 4 -H Program Coordinator

715-395-1365

Cheryl Shockley, Douglas County Support Staff

715-395-1363

Mary Johnson– Garay, Positive Youth Development

715-395-1546

Jane Anklaam, Horticulture and Agriculture Educator

715-395-1515

Julie Montgomery, FoodWise Coordinator

715-395-1427

Tarah Nichols, FoodWise Educator

715-395-7443

Mary Pardee, Area Extension Director

715-553-3044

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Douglas County Wisconsin 4-H

