



DISPATCH



OCTOBER 2019

Douglas County HCE Superior, WI

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- Learning in a social setting,
- Sharing what we learn, and
- Caring to make a difference in our homes, communities, and the world.



DISPATCH ARTICLES DUE DATE

Dispatch articles are **due the 15th** of the month. When emailing your articles, please send them as an attachment.

Please mail or email them to:

Cheryl Shockley,
UW-Extension Editor
1313 Belknap St., Room 107
Superior, WI 54880
715-395-1363 or
cheryl.shockley@wisc.edu



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In between Mother Nature teases us with a warm day much like summer. Watch the color of leaves change from greens to burgundy, red, orange and yellow a beautiful sight, and letting us know they are getting ready for their long winter's naps. Hear the crunch of dry leaves underfoot and honking of geese flocking to fly south. Enjoy the season.

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See you there!

Linda Williams, Treasurer



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September 5, 2019 – Superior Public Library

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The meeting was opened at 1:30 p.m. by President Cheryl McCuskey with the HCE Creed.

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Minutes submitted for approval by Jo Mersnick

CRAFT SALE SPECIAL PROJECT

The Special Project for this year's Craft Sale will be donations to the Solid Rock Mission. Things they can use are non-perishable foods, male personal care items such as toothbrushes,, toothpaste, razors, shaving cream, soap, deodorant, personal wipes, nail clippers, etc. and new or gently used wash cloths and towels and pillowcases. If you bring items for the mission , you will receive an extra door prize ticket. The Mission is also affiliated with the Northwest Community Services Free Store located at 1118 Tower Ave, Superior, Wi, where there is always a need for clothing and household items. You can drop items off there between 9—4:30 p.m., Monday through Thursday. Please donate to those less fortunate than we are. Thank you@



Submitted by,
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22 WAYS TO A GREENER HOME

- 1-Don't heat an empty house: turn your winter thermostat to 68° in the day and 55° at night or when no one's home.
- 2-Buy the dog a canvas leash instead of nylon—natural fibers are better than oil-based.
- 3-Turn your computer and monitor OFF when you're done—sleeping takes energy.
- 4-Clean your refrigerator coils for a more efficient-running appliance.
- 5-Cancel the newspaper and read it online instead.
- 6-Buy rechargeable batteries. And dispose of old batteries properly.
- 7-Use cloth napkins instead of paper ones.
- 8-Repair leaky faucets, install water-saving toilets and showerheads and only run dish or clothes and washers when full.
- 9-Stop using toxin-loaded dryer sheets; invest in wool dryer balls—they work great!
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- 11-Read magazines then pass them on.
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- 14-Buy a new houseplant; they are good for your home atmosphere.
- 15-Donate old newspapers to an animal shelter.
- 16-Switch to chemical-free cleaning products.
- 17- Buy bigger containers of things, or shop at whole food co-ops and bring your own.
- 18-Use compact florescent light bulbs—they last 10x longer than incandescent—or LED (light-emitting diodes) which last even longer. Dispose of your used bulbs at a recycler.
- 19-Keep your freezer full. It runs more efficiently that way.
- 20-Keep inexpensive reusable left-over containers on hand to share with guests.
- 21-Shop for eco-friendly beauty products, home decor and fashion lines.
- 22-Switch to Energy Star appliances when you upgrade.

Submitted by,
Sue Hendrickson

ANNUAL MEETING—OCTOBER 3, 2019



Please join us for our 2019 Annual Meeting at 12:30pm Thursday, October 3. We need everyone's input on our decisions for next year. And we have a real treat for you! We will be meeting at the Lake Superior National Estuarine Research Reserve (NERR) on Barker's Island! After you cross the bridge onto the island, turn left and keep left; we will be meeting in the first building on your left; there will be a poster on the door so you can find us. Coffee and "with it" will be served, and there will be a tour of the Estuarium Exhibit after the meeting.

We are very lucky to have the NERR; there are only two on the Great Lakes. The system of 29 reserves across the US do long-term research and education supporting innovative coast science and management. The research done at this site is vital to the understanding of freshwater resources and the health of the Great Lakes which hold more than 20 percent of the Earth's surface freshwater. The reserve spans approximately 16,700 acres encompassing portions of the St. Louis River estuary and adjacent public lands in Douglas County. The NERR partners with the University of Wisconsin—Superior and UW Extension to provide internships, educate teachers, students, and the public; and bring funds into our economy.



Join us for a day of accomplishment and learning---it's what HCE is all about!

LOVE YOUR LIBRARY? YOU CAN HELP

Help your local library plan for the future! How can we help you get the **most** out of your library card? Take our survey and give us your feedback--you could win a \$25 gift card to Super One Foods, Empire Coffee, or Twisted Pastries! The survey runs through **October 6** and can be accessed online (superiorlibrary.org/survey), or you can find paper copies at the libraries (Superior, Solon Springs and Lake Nebagamon) and at different locations around Superior. Ten minutes, tops! The results of the survey will be used to create the library's five-year strategic plan. Thanks for your help!

CALLING ALL QUILTS!

We'd like finish up delivering the last of the children's quilts. Please help the Hilltoppers out by bringing the outstanding quilts to the Annual Meeting or the Extension Office ASAP!

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Submitted by, Sue Hendrickson



MEETING THE MEMBERSHIP CHALLENGE—

Sue Hendrickson, Membership Marketing

It's October. By now we have all paid our dues, but we should also be thinking about how to grow so we can survive and THRIVE! It's a challenge for all organizations, but we want to be THE BEST at recruiting

new members (and keeping the ones we have)! Three things to remember are:

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Be prepared. Have a copy of our HCE brochure or newsletter handy to share when you explain what HCE is all about and what's coming up.

Reflect on the reason you first joined, and why you continue your membership. A personal anecdote relating to how HCE has helped you is often the most compelling. You know the value of membership—put that into words.

Listen to prospective members—uncover their needs. Are they interested in learning? in service projects? in connecting with others? Tailor your message to address those needs, showing specifically how HCE will be of value to them.

Be enthusiastic...don't let objections throw you. Objections are often a request for more information, or may give your member prospect a pause, a chance to think through the idea of joining.

Follow up your prospect. It may take multiple "asks" before they come to a meeting or join the group.

Practice these steps, and don't get discouraged. You love your HCE group. Share the love. And help HCE sustain and grow its membership by getting the word out there.

HCE CRAFT SALE

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9:00 a.m. – 3:00 p.m.

\$1.00 ADMISSION

(includes free door prize ticket)

HEAD OF THE LAKES FAIRGROUNDS
4700 TOWER AVE., SUPERIOR, WI
MULTI-PURPOSE BUILDING

PHOTOGRAPHY, JEWELRY, HOLIDAY DÉCOR, WOOD CRAFTS,
NEEDLEWORK, FLORALS, SEASONAL,
AND MUCH MORE FROM LOCAL CRAFTERS!

- **FREE COFFEE**
- **BAKE SALE**
- **LUNCH**
- **QUILT RAFFLE**
- **DOOR PRIZES**



Solid Rock donations = 1 free door prize ticket



**DOUGLAS COUNTY ASSOCIATION FOR HOME AND COMMUNITY EDUCATION (HCE)
PROCEEDS SUPPORT SCHOLARSHIPS AND EDUCATIONAL PROGRAMS**



Home & Community Education

Northwest District Meeting

October 10, 2019

Bethany Lutheran Church

24096 1st Ave, Siren WI 54872

9:30 – 10:00 Registration
10:00 – 12:30 Meeting
12:30 Lunch
Crafts to follow

\$12.00 per person

Craft choices:

Candy Turkey Favor \$1
Leaf Mobile \$1
Painted Seasonal Ceramic \$1
Quantities limited, please rank
selections below (1, 2 or 3)



Extension
UNIVERSITY OF WISCONSIN-MADISON

Send Registrations to the
Burnett County UW Extension office by October 1st

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2019 Northwest District Meeting Registration

HCE - Building Community Together for Tomorrow

\$12.00 per person

Name _____ County _____

Address _____

City _____ State _____ Zip _____ +4 _____

Please make check payable to: BCAHCE, Inc.

MAIL TO:

UW Extension Office
7410 County Rd K, #107
Siren WI 54872
Or drop it off at the Government Center

Craft Choices: please rank your preference

_____ Candy Turkey Favor
_____ Leaf Mobile
_____ Painted Seasonal Ceramic
Pay for your craft that day.

Thursday Oct. 3, 12:30 p.m.	Program Planning:	Lake Superior Estuary Barkers Island	
1:30 p.m.	~Plan 2020 events and learn about the Estuary.		
	Annual Meeting	Barkers Island	
	~Review 2019, budget for 2020, election of officers, and more.		
Saturday, Oct. 5, 9a.m. - 3p.m..	Craft Sale	Fairgrounds	
	~Crafts, lunch, fun day.		
Nov. 3-9 entire week	WAHCE WEEK		
Thursday, Nov. 7, 12:30	Program Planning Final	Library	VP
12:45	Board Meeting	Library	President
1:30	Gifts from your Kitchen	Library	
Thursday, Nov. 28-29	Thanksgiving and office closed		

OCTOBER 2019						
S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		



NOVEMBER 2019						
S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

We're on the web! Be sure to visit the Douglas County Family Living website at: <http://douglas.uwex.edu/flp/> and click on Douglas County Home and Community Education (HCE), then click on the Dispatch Newsletter link.

Anna Anderson
132 Puline Rd
Esko, MN 55733

Douglas County UWEX
1313 Belknap Street
Courthouse Room 107
Superior, WI 54880



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AND MUCH MORE FROM LOCAL CRAFTERS!

- **FREE COFFEE**
- **BAKE SALE**
- **LUNCH**
- **QUILT RAFFLE**
- **DOOR PRIZES**



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Address _____

City _____ State _____ Zip _____ +4 _____

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Cindy Anderson
8001 S. County Rd. L
South Range, WI 54874

Douglas County UWEX
1313 Belknap Street
Courthouse Room 107
Superior, WI 54880



DISPATCH



OCTOBER 2019

Douglas County HCE Superior, WI

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\$1.00 ADMISSION

(includes free door prize ticket)

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AND MUCH MORE FROM LOCAL CRAFTERS!

- **FREE COFFEE**
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- **DOOR PRIZES**



Solid Rock donations = 1 free door prize ticket



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PROCEEDS SUPPORT SCHOLARSHIPS AND EDUCATIONAL PROGRAMS**



Home & Community Education

Northwest District Meeting

October 10, 2019

Bethany Lutheran Church

24096 1st Ave, Siren WI 54872

9:30 – 10:00 Registration
10:00 – 12:30 Meeting
12:30 Lunch
Crafts to follow

\$12.00 per person

Craft choices:

Candy Turkey Favor \$1
Leaf Mobile \$1
Painted Seasonal Ceramic \$1
Quantities limited, please rank
selections below (1, 2 or 3)



Extension
UNIVERSITY OF WISCONSIN-MADISON

Send Registrations to the
Burnett County UW Extension office by October 1st

The University of Wisconsin Extension provides affirmative action and equal opportunity in education, programming and employment for all qualified persons regardless of race, color, gender/sex, creed, disability, religion, national origin, ancestry, age, sexual orientation, pregnancy, marital or parental, arrest or conviction record or veteran status.

2019 Northwest District Meeting Registration

HCE - Building Community Together for Tomorrow

\$12.00 per person

Name _____ County _____

Address _____

City _____ State _____ Zip _____ +4 _____

Please make check payable to: BCAHCE, Inc.

MAIL TO:

UW Extension Office
7410 County Rd K, #107
Siren WI 54872
Or drop it off at the Government Center

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Pay for your craft that day.

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1:30 p.m.	~Plan 2020 events and learn about the Estuary.		
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Marion Bradley & Richard

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2019 Northwest District Meeting Registration

HCE - Building Community Together for Tomorrow

\$12.00 per person

Name _____ County _____

Address _____

City _____ State _____ Zip _____ +4 _____

Please make check payable to: BCAHCE, Inc.

MAIL TO:

UW Extension Office
7410 County Rd K, #107
Siren WI 54872
Or drop it off at the Government Center

Craft Choices: please rank your preference

_____ Candy Turkey Favor
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_____ Painted Seasonal Ceramic
Pay for your craft that day.

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Lake Nebagamon, WI 54849

P. O. Box 157

Gail Engbretson

Douglas County UWEX
1313 Belknap Street
Courthouse Room 107
Superior, WI 54880



DISPATCH



OCTOBER 2019

Douglas County HCE Superior, WI

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In between Mother Nature teases us with a warm day much like summer. Watch the color of leaves change from greens to burgundy, red, orange and yellow a beautiful sight, and letting us know they are getting ready for their long winter's naps. Hear the crunch of dry leaves underfoot and honking of geese flocking to fly south. Enjoy the season.

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- 17- Buy bigger containers of things, or shop at whole food co-ops and bring your own.
- 18-Use compact florescent light bulbs—they last 10x longer than incandescent—or LED (light-emitting diodes) which last even longer. Dispose of your used bulbs at a recycler.
- 19-Keep your freezer full. It runs more efficiently that way.
- 20-Keep inexpensive reusable left-over containers on hand to share with guests.
- 21-Shop for eco-friendly beauty products, home decor and fashion lines.
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Submitted by,
Sue Hendrickson

ANNUAL MEETING—OCTOBER 3, 2019



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Join us for a day of accomplishment and learning---it's what HCE is all about!

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Be prepared. Have a copy of our HCE brochure or newsletter handy to share when you explain what HCE is all about and what's coming up.

Reflect on the reason you first joined, and why you continue your membership. A personal anecdote relating to how HCE has helped you is often the most compelling. You know the value of membership—put that into words.

Listen to prospective members—uncover their needs. Are they interested in learning? in service projects? in connecting with others? Tailor your message to address those needs, showing specifically how HCE will be of value to them.

Be enthusiastic...don't let objections throw you. Objections are often a request for more information, or may give your member prospect a pause, a chance to think through the idea of joining.

Follow up your prospect. It may take multiple "asks" before they come to a meeting or join the group.

Practice these steps, and don't get discouraged. You love your HCE group. Share the love. And help HCE sustain and grow its membership by getting the word out there.

HCE CRAFT SALE

Saturday, October 5, 2019

9:00 a.m. – 3:00 p.m.

\$1.00 ADMISSION

(includes free door prize ticket)

HEAD OF THE LAKES FAIRGROUNDS
4700 TOWER AVE., SUPERIOR, WI
MULTI-PURPOSE BUILDING

PHOTOGRAPHY, JEWELRY, HOLIDAY DÉCOR, WOOD CRAFTS,
NEEDLEWORK, FLORALS, SEASONAL,
AND MUCH MORE FROM LOCAL CRAFTERS!

- **FREE COFFEE**
- **BAKE SALE**
- **LUNCH**
- **QUILT RAFFLE**
- **DOOR PRIZES**



Solid Rock donations = 1 free door prize ticket



**DOUGLAS COUNTY ASSOCIATION FOR HOME AND COMMUNITY EDUCATION (HCE)
PROCEEDS SUPPORT SCHOLARSHIPS AND EDUCATIONAL PROGRAMS**



Home & Community Education

Northwest District Meeting

October 10, 2019

Bethany Lutheran Church

24096 1st Ave, Siren WI 54872

9:30 – 10:00 Registration
10:00 – 12:30 Meeting
12:30 Lunch
Crafts to follow

\$12.00 per person

Craft choices:

Candy Turkey Favor \$1
Leaf Mobile \$1
Painted Seasonal Ceramic \$1
Quantities limited, please rank
selections below (1, 2 or 3)



Extension
UNIVERSITY OF WISCONSIN-MADISON

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Sue Hendrickson & Ron
5112 S. Stone Rd.
South Range, WI 54874

Douglas County UWEX
1313 Belknap Street
Courthouse Room 107
Superior, WI 54880



DISPATCH



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Douglas County HCE Superior, WI

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(includes free door prize ticket)

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4700 TOWER AVE., SUPERIOR, WI
MULTI-PURPOSE BUILDING

PHOTOGRAPHY, JEWELRY, HOLIDAY DÉCOR, WOOD CRAFTS,
NEEDLEWORK, FLORALS, SEASONAL,
AND MUCH MORE FROM LOCAL CRAFTERS!

- **FREE COFFEE**
- **BAKE SALE**
- **LUNCH**
- **QUILT RAFFLE**
- **DOOR PRIZES**



Solid Rock donations = 1 free door prize ticket



**DOUGLAS COUNTY ASSOCIATION FOR HOME AND COMMUNITY EDUCATION (HCE)
PROCEEDS SUPPORT SCHOLARSHIPS AND EDUCATIONAL PROGRAMS**



Home & Community Education

Northwest District Meeting

October 10, 2019

Bethany Lutheran Church

24096 1st Ave, Siren WI 54872

9:30 – 10:00 Registration
10:00 – 12:30 Meeting
12:30 Lunch
Crafts to follow

\$12.00 per person

Craft choices:

Candy Turkey Favor \$1
Leaf Mobile \$1
Painted Seasonal Ceramic \$1
Quantities limited, please rank
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Marge Keho
6429 S. Leggate Rd.
Superior, WI 54880

Douglas County UWEX
1313 Belknap Street
Courthouse Room 107
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DISPATCH



OCTOBER 2019

Douglas County HCE Superior, WI

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- 17- Buy bigger containers of things, or shop at whole food co-ops and bring your own.
- 18-Use compact florescent light bulbs—they last 10x longer than incandescent—or LED (light-emitting diodes) which last even longer. Dispose of your used bulbs at a recycler.
- 19-Keep your freezer full. It runs more efficiently that way.
- 20-Keep inexpensive reusable left-over containers on hand to share with guests.
- 21-Shop for eco-friendly beauty products, home decor and fashion lines.
- 22-Switch to Energy Star appliances when you upgrade.

Submitted by,
Sue Hendrickson

ANNUAL MEETING—OCTOBER 3, 2019



Please join us for our 2019 Annual Meeting at 12:30pm Thursday, October 3. We need everyone's input on our decisions for next year. And we have a real treat for you! We will be meeting at the Lake Superior National Estuarine Research Reserve (NERR) on Barker's Island! After you cross the bridge onto the island, turn left and keep left; we will be meeting in the first building on your left; there will be a poster on the door so you can find us. Coffee and "with it" will be served, and there will be a tour of the Estuarium Exhibit after the meeting.

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It's October. By now we have all paid our dues, but we should also be thinking about how to grow so we can survive and THRIVE! It's a challenge for all organizations, but we want to be THE BEST at recruiting

new members (and keeping the ones we have)! Three things to remember are:

Folks can't join our clubs if they don't know we exist

People won't join if they don't get a good first impression

Members won't stay if their needs aren't being met

Not comfortable with recruiting? Few of us are, but every day we unconsciously persuade colleagues, friends and family to do things we want them to do. We just have to use the same principles and techniques to talk about HCE membership. Here's how!

Be prepared. Have a copy of our HCE brochure or newsletter handy to share when you explain what HCE is all about and what's coming up.

Reflect on the reason you first joined, and why you continue your membership. A personal anecdote relating to how HCE has helped you is often the most compelling. You know the value of membership—put that into words.

Listen to prospective members—uncover their needs. Are they interested in learning? in service projects? in connecting with others? Tailor your message to address those needs, showing specifically how HCE will be of value to them.

Be enthusiastic...don't let objections throw you. Objections are often a request for more information, or may give your member prospect a pause, a chance to think through the idea of joining.

Follow up your prospect. It may take multiple "asks" before they come to a meeting or join the group.

Practice these steps, and don't get discouraged. You love your HCE group. Share the love. And help HCE sustain and grow its membership by getting the word out there.

HCE CRAFT SALE

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9:00 a.m. – 3:00 p.m.

\$1.00 ADMISSION

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South Range, WI 54874

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- **FREE COFFEE**
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Home & Community Education

Northwest District Meeting

October 10, 2019

Bethany Lutheran Church

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10:00 – 12:30 Meeting
12:30 Lunch
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Lauri Magdzas
223 E. County Rd. BB
Foxboro, WI 54836

Douglas County UWEX
1313 Belknap Street
Courthouse Room 107
Superior, WI 54880



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OCTOBER 2019

Douglas County HCE Superior, WI

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- 17- Buy bigger containers of things, or shop at whole food co-ops and bring your own.
- 18-Use compact florescent light bulbs—they last 10x longer than incandescent—or LED (light-emitting diodes) which last even longer. Dispose of your used bulbs at a recycler.
- 19-Keep your freezer full. It runs more efficiently that way.
- 20-Keep inexpensive reusable left-over containers on hand to share with guests.
- 21-Shop for eco-friendly beauty products, home decor and fashion lines.
- 22-Switch to Energy Star appliances when you upgrade.

Submitted by,
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ANNUAL MEETING—OCTOBER 3, 2019



Please join us for our 2019 Annual Meeting at 12:30pm Thursday, October 3. We need everyone's input on our decisions for next year. And we have a real treat for you! We will be meeting at the Lake Superior National Estuarine Research Reserve (NERR) on Barker's Island! After you cross the bridge onto the island, turn left and keep left; we will be meeting in the first building on your left; there will be a poster on the door so you can find us. Coffee and "with it" will be served, and there will be a tour of the Estuarium Exhibit after the meeting.

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Join us for a day of accomplishment and learning---it's what HCE is all about!

LOVE YOUR LIBRARY? YOU CAN HELP

Help your local library plan for the future! How can we help you get the **most** out of your library card? Take our survey and give us your feedback--you could win a \$25 gift card to Super One Foods, Empire Coffee, or Twisted Pastries! The survey runs through **October 6** and can be accessed online (superiorlibrary.org/survey), or you can find paper copies at the libraries (Superior, Solon Springs and Lake Nebagamon) and at different locations around Superior. Ten minutes, tops! The results of the survey will be used to create the library's five-year strategic plan. Thanks for your help!

CALLING ALL QUILTS!

We'd like finish up delivering the last of the children's quilts. Please help the Hilltoppers out by bringing the outstanding quilts to the Annual Meeting or the Extension Office ASAP!

Also, by now you have probably received your quilt raffle tickets. Just to clarify, the quilt is in actually teal and magenta if your tickets do not show this!



PLEASE LET YOUR HUNTERS KNOW THAT HERSCH MEATS IN POPLAR IS AGAIN PREPARING DONATED VENISON FOR LOCAL FOOD SHELVES!

Submitted by, Sue Hendrickson



MEETING THE MEMBERSHIP CHALLENGE—

Sue Hendrickson, Membership Marketing

It's October. By now we have all paid our dues, but we should also be thinking about how to grow so we can survive and THRIVE! It's a challenge for all organizations, but we want to be THE BEST at recruiting

new members (and keeping the ones we have)! Three things to remember are:

Folks can't join our clubs if they don't know we exist

People won't join if they don't get a good first impression

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Home & Community Education

Northwest District Meeting

October 10, 2019

Bethany Lutheran Church

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9:30 – 10:00 Registration
10:00 – 12:30 Meeting
12:30 Lunch
Crafts to follow

\$12.00 per person

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Rosanne Perala
1405 N. 23rd St.
Superior, WI 54880

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1313 Belknap Street
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- 16-Switch to chemical-free cleaning products.
- 17- Buy bigger containers of things, or shop at whole food co-ops and bring your own.
- 18-Use compact florescent light bulbs—they last 10x longer than incandescent—or LED (light-emitting diodes) which last even longer. Dispose of your used bulbs at a recycler.
- 19-Keep your freezer full. It runs more efficiently that way.
- 20-Keep inexpensive reusable left-over containers on hand to share with guests.
- 21-Shop for eco-friendly beauty products, home decor and fashion lines.
- 22-Switch to Energy Star appliances when you upgrade.

Submitted by,
Sue Hendrickson

ANNUAL MEETING—OCTOBER 3, 2019



Please join us for our 2019 Annual Meeting at 12:30pm Thursday, October 3. We need everyone's input on our decisions for next year. And we have a real treat for you! We will be meeting at the Lake Superior National Estuarine Research Reserve (NERR) on Barker's Island! After you cross the bridge onto the island, turn left and keep left; we will be meeting in the first building on your left; there will be a poster on the door so you can find us. Coffee and "with it" will be served, and there will be a tour of the Estuarium Exhibit after the meeting.

We are very lucky to have the NERR; there are only two on the Great Lakes. The system of 29 reserves across the US do long-term research and education supporting innovative coast science and management. The research done at this site is vital to the understanding of freshwater resources and the health of the Great Lakes which hold more than 20 percent of the Earth's surface freshwater. The reserve spans approximately 16,700 acres encompassing portions of the St. Louis River estuary and adjacent public lands in Douglas County. The NERR partners with the University of Wisconsin—Superior and UW Extension to provide internships, educate teachers, students, and the public; and bring funds into our economy.



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Home & Community Education

Northwest District Meeting

October 10, 2019

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9:30 – 10:00 Registration
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12:30 Lunch
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Mary Zambori
387 S. County Rd. A
Superior, WI 54880

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1313 Belknap Street
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- 4-Clean your refrigerator coils for a more efficient-running appliance.
- 5-Cancel the newspaper and read it online instead.
- 6-Buy rechargeable batteries. And dispose of old batteries properly.
- 7-Use cloth napkins instead of paper ones.
- 8-Repair leaky faucets, install water-saving toilets and showerheads and only run dish or clothes and washers when full.
- 9-Stop using toxin-loaded dryer sheets; invest in wool dryer balls—they work great!
- 10-Recycle!
- 11-Read magazines then pass them on.
- 12-E-file your taxes to cut back on paper usage.
- 13-Pay bills online for the same reason.
- 14-Buy a new houseplant; they are good for your home atmosphere.
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- 16-Switch to chemical-free cleaning products.
- 17- Buy bigger containers of things, or shop at whole food co-ops and bring your own.
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Hayward, WI 54843

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Home & Community Education

Northwest District Meeting

October 10, 2019

Bethany Lutheran Church

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9:30 – 10:00 Registration
10:00 – 12:30 Meeting
12:30 Lunch
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Marian Maki
35 N. 28th St.
Superior, WI 54880

Douglas County UWEX
1313 Belknap Street
Courthouse Room 107
Superior, WI 54880



DISPATCH



OCTOBER 2019

Douglas County HCE Superior, WI

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UNFINISHED BUSINESS:

Craft Sale: Craft Sale meeting was held at 12:30. Plans have been finalized for the Craft Sale.

NEW BUSINESS:

Program Planning Meeting: October 3, 12:30 at the National Estuarine Research Reserve. (NERR) Barker's Island. There will be a little tour and explanation of their mission. Information and directions are located in this Dispatch.

Annual Meeting: October 3, 2019 - 1:30 p.m. at the National Estuarine Research Reserve

Craft Sale: October 5, 2019 HOL Fairgrounds

Fall District Meeting – October 10, 2019

Meeting closed at 2:45 with the HCE prayer.

Minutes submitted for approval by Jo Mersnick

CRAFT SALE SPECIAL PROJECT

The Special Project for this year's Craft Sale will be donations to the Solid Rock Mission. Things they can use are non-perishable foods, male personal care items such as toothbrushes,, toothpaste, razors, shaving cream, soap, deodorant, personal wipes, nail clippers, etc. and new or gently used wash cloths and towels and pillowcases. If you bring items for the mission , you will receive an extra door prize ticket. The Mission is also affiliated with the Northwest Community Services Free Store located at 1118 Tower Ave, Superior, Wi, where there is always a need for clothing and household items. You can drop items off there between 9—4:30 p.m., Monday through Thursday. Please donate to those less fortunate than we are. Thank you@



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Mary Ann Gronquist



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Superior, WI 54880

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Minutes submitted for approval by Jo Mersnick

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Mary Ann Gronquist



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- **FREE COFFEE**
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- **DOOR PRIZES**



Solid Rock donations = 1 free door prize ticket



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PROCEEDS SUPPORT SCHOLARSHIPS AND EDUCATIONAL PROGRAMS**



Home & Community Education

Northwest District Meeting

October 10, 2019

Bethany Lutheran Church

24096 1st Ave, Siren WI 54872

9:30 – 10:00 Registration
10:00 – 12:30 Meeting
12:30 Lunch
Crafts to follow

\$12.00 per person

Craft choices:

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Painted Seasonal Ceramic \$1
Quantities limited, please rank
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Address _____

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Marian Simon
303 6th Ave. E.
Superior, WI 54880

Douglas County UWEX
1313 Belknap Street
Courthouse Room 107
Superior, WI 54880



DISPATCH



OCTOBER 2019

Douglas County HCE Superior, WI

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In between Mother Nature teases us with a warm day much like summer. Watch the color of leaves change from greens to burgundy, red, orange and yellow a beautiful sight, and letting us know they are getting ready for their long winter's naps. Hear the crunch of dry leaves underfoot and honking of geese flocking to fly south. Enjoy the season.

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See you there!

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September 5, 2019 – Superior Public Library

Roll Call: Hilltoppers 2, Merry Mates 1, Town & Country 2, Advisor 0

The meeting was opened at 1:30 p.m. by President Cheryl McCuskey with the HCE Creed.

Secretary's Report: Jo Mersnick –The Secretary's report was approved and placed on file.

Correspondence: DCAHCE received an invitation from UWS to attend the Foundation Appreciation Dinner.

Treasurer's Report: Linda Williams – The Treasurer's report included May, June, July, and August.

The report was approved and placed on file for review. Sue Hendrickson reported on the Quiltathon expenses and receipts. Linda passed out information for the clubs dues due September 30th.

Sunshine: Cheryl McCuskey reported on the Sunshine Fund. Remember to call Cheryl when you hear of someone who needs a card.

Dispatch: Due September 15 for October Dispatch.

COMMITTEE REPORTS:

VP Programming and Community Outreach: Marion Bradley - The Program Surveys have been compiled and will be presented at the October 3rd Program Planning meeting at 12:30.

Cultural Arts: Mary Ann Gronquist -The Cultural Arts winners will be entered into the Cultural Arts competition at the State Conference. Cheryl will be leaving Sept. 15. for the WAHCE State Conference.

International: The focus is on Cuba. Christa Williams-Clements will write the articles.

Membership/Marketing: Club members sold raffle tickets at the PR booth which was in the HOL Fair 4H building and the North Country Living Expo at the Mariner Retail and Business Center . There are many books left over from the bookworm program and several were given away to children at the PR booth and the Expo. Books will be available for children at the Craft Sale, too, and at all events until they are gone.

Scholarship: Linda Williams - The Melinda Boswell Scholarship will go to a WITC student this year.

WI Bookworms™: - The Bookworm program has been discontinued in Douglas County. This situation will be discussed at the Annual Board Meeting.

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Superior, WI 54880

1801 E. 5th St.

Linda Williams

Douglas County UWEX
1313 Belknap Street
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Douglas County HCE Superior, WI

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The report was approved and placed on file for review. Sue Hendrickson reported on the Quiltathon expenses and receipts. Linda passed out information for the clubs dues due September 30th.

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Minutes submitted for approval by Jo Mersnick

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Mary Ann Gronquist



22 WAYS TO A GREENER HOME

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- 5-Cancel the newspaper and read it online instead.
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- 7-Use cloth napkins instead of paper ones.
- 8-Repair leaky faucets, install water-saving toilets and showerheads and only run dish or clothes and washers when full.
- 9-Stop using toxin-loaded dryer sheets; invest in wool dryer balls—they work great!
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- 15-Donate old newspapers to an animal shelter.
- 16-Switch to chemical-free cleaning products.
- 17- Buy bigger containers of things, or shop at whole food co-ops and bring your own.
- 18-Use compact florescent light bulbs—they last 10x longer than incandescent—or LED (light-emitting diodes) which last even longer. Dispose of your used bulbs at a recycler.
- 19-Keep your freezer full. It runs more efficiently that way.
- 20-Keep inexpensive reusable left-over containers on hand to share with guests.
- 21-Shop for eco-friendly beauty products, home decor and fashion lines.
- 22-Switch to Energy Star appliances when you upgrade.

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ANNUAL MEETING—OCTOBER 3, 2019



Please join us for our 2019 Annual Meeting at 12:30pm Thursday, October 3. We need everyone's input on our decisions for next year. And we have a real treat for you! We will be meeting at the Lake Superior National Estuarine Research Reserve (NERR) on Barker's Island! After you cross the bridge onto the island, turn left and keep left; we will be meeting in the first building on your left; there will be a poster on the door so you can find us. Coffee and "with it" will be served, and there will be a tour of the Estuarium Exhibit after the meeting.

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\$1.00 ADMISSION

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MULTI-PURPOSE BUILDING

PHOTOGRAPHY, JEWELRY, HOLIDAY DÉCOR, WOOD CRAFTS,
NEEDLEWORK, FLORALS, SEASONAL,
AND MUCH MORE FROM LOCAL CRAFTERS!

- **FREE COFFEE**
- **BAKE SALE**
- **LUNCH**
- **QUILT RAFFLE**
- **DOOR PRIZES**



Solid Rock donations = 1 free door prize ticket



**DOUGLAS COUNTY ASSOCIATION FOR HOME AND COMMUNITY EDUCATION (HCE)
PROCEEDS SUPPORT SCHOLARSHIPS AND EDUCATIONAL PROGRAMS**



Home & Community Education

Northwest District Meeting

October 10, 2019

Bethany Lutheran Church

24096 1st Ave, Siren WI 54872

9:30 – 10:00 Registration
10:00 – 12:30 Meeting
12:30 Lunch
Crafts to follow

\$12.00 per person

Craft choices:

Candy Turkey Favor \$1
Leaf Mobile \$1
Painted Seasonal Ceramic \$1
Quantities limited, please rank
selections below (1, 2 or 3)



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Address _____

City _____ State _____ Zip _____ +4 _____

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Christa Williams-Clements
2919 E 4th St
Superior, WI 54880

Douglas County UWEX
1313 Belknap Street
Courthouse Room 107
Superior, WI 54880



DISPATCH



OCTOBER 2019

Douglas County HCE Superior, WI

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Memo from the Board...

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In between Mother Nature teases us with a warm day much like summer. Watch the color of leaves change from greens to burgundy, red, orange and yellow a beautiful sight, and letting us know they are getting ready for their long winter's naps. Hear the crunch of dry leaves underfoot and honking of geese flocking to fly south. Enjoy the season.

Be sure to include these HCE events:

Program Planning: Thursday October 3, 12:30 p.m. Lake Superior Estuary, Barkers Island. Plan 2020 events and learn about the Estuary.

Annual Meeting: October 3, 1:30 p.m. also at the Estuary. Review 2019, budget for 2020, election of officers, and more.

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See you there!

Linda Williams, Treasurer



University of Wisconsin, United States Department of Agriculture and Wisconsin counties cooperating University of Wisconsin-Extension provides equal opportunities in employment and programming, including Title IX requirements. requests for reasonable accommodations for disabilities or limitations should be made prior to the date of the program or activity for which it is needed. Please make such requests as early as possible by contacting your UW-Extension Douglas County Office at 715-395-1363 so that proper arrangements can be made.

HCE EXECUTIVE BOARD MEETING MINUTES

September 5, 2019 – Superior Public Library

Roll Call: Hilltoppers 2, Merry Mates 1, Town & Country 2, Advisor 0

The meeting was opened at 1:30 p.m. by President Cheryl McCuskey with the HCE Creed.

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Donna Bergsten
P. O. Box 215
Poplar, WI 54864

Douglas County UWEX
1313 Belknap Street
Courthouse Room 107
Superior, WI 54880



DISPATCH



OCTOBER 2019

Douglas County HCE Superior, WI

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Home & Community Education

Northwest District Meeting

October 10, 2019

Bethany Lutheran Church

24096 1st Ave, Siren WI 54872

9:30 – 10:00 Registration
10:00 – 12:30 Meeting
12:30 Lunch
Crafts to follow

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Quantities limited, please rank
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Joyce Cook
4484 South Wiehe Drive
Poplar, WI 54864

Douglas County UWEX
1313 Belknap Street
Courthouse Room 107
Superior, WI 54880



DISPATCH



OCTOBER 2019

Douglas County HCE Superior, WI

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All articles from magazines, books, etc. quoted in the Douglas County HCE Dispatch have received written copyright permission. This permission is on file.

Mission Statement for Wisconsin Association for Home and Community Education HCE offers opportunities for:

- Learning in a social setting,
- Sharing what we learn, and
- Caring to make a difference in our homes, communities, and the world.



DISPATCH ARTICLES DUE DATE

Dispatch articles are **due the 15th** of the month. When emailing your articles, please send them as an attachment.

Please mail or email them to:

Cheryl Shockley,
UW-Extension Editor
1313 Belknap St., Room 107
Superior, WI 54880
715-395-1363 or
cheryl.shockley@wisc.edu



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Courthouse Room 107
Superior, WI 54880



DISPATCH



OCTOBER 2019

Douglas County HCE Superior, WI

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- Caring to make a difference in our homes, communities, and the world.



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Please mail or email them to:

Cheryl Shockley,
UW-Extension Editor
1313 Belknap St., Room 107
Superior, WI 54880
715-395-1363 or
cheryl.shockley@wisc.edu



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In between Mother Nature teases us with a warm day much like summer. Watch the color of leaves change from greens to burgundy, red, orange and yellow a beautiful sight, and letting us know they are getting ready for their long winter's naps. Hear the crunch of dry leaves underfoot and honking of geese flocking to fly south. Enjoy the season.

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See you there!

Linda Williams, Treasurer



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Minutes submitted for approval by Jo Mersnick

CRAFT SALE SPECIAL PROJECT

The Special Project for this year's Craft Sale will be donations to the Solid Rock Mission. Things they can use are non-perishable foods, male personal care items such as toothbrushes,, toothpaste, razors, shaving cream, soap, deodorant, personal wipes, nail clippers, etc. and new or gently used wash cloths and towels and pillowcases. If you bring items for the mission , you will receive an extra door prize ticket. The Mission is also affiliated with the Northwest Community Services Free Store located at 1118 Tower Ave, Superior, Wi, where there is always a need for clothing and household items. You can drop items off there between 9—4:30 p.m., Monday through Thursday. Please donate to those less fortunate than we are. Thank you@



Submitted by,
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22 WAYS TO A GREENER HOME

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- 2-Buy the dog a canvas leash instead of nylon—natural fibers are better than oil-based.
- 3-Turn your computer and monitor OFF when you're done—sleeping takes energy.
- 4-Clean your refrigerator coils for a more efficient-running appliance.
- 5-Cancel the newspaper and read it online instead.
- 6-Buy rechargeable batteries. And dispose of old batteries properly.
- 7-Use cloth napkins instead of paper ones.
- 8-Repair leaky faucets, install water-saving toilets and showerheads and only run dish or clothes and washers when full.
- 9-Stop using toxin-loaded dryer sheets; invest in wool dryer balls—they work great!
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- 15-Donate old newspapers to an animal shelter.
- 16-Switch to chemical-free cleaning products.
- 17- Buy bigger containers of things, or shop at whole food co-ops and bring your own.
- 18-Use compact florescent light bulbs—they last 10x longer than incandescent—or LED (light-emitting diodes) which last even longer. Dispose of your used bulbs at a recycler.
- 19-Keep your freezer full. It runs more efficiently that way.
- 20-Keep inexpensive reusable left-over containers on hand to share with guests.
- 21-Shop for eco-friendly beauty products, home decor and fashion lines.
- 22-Switch to Energy Star appliances when you upgrade.

Submitted by,
Sue Hendrickson

ANNUAL MEETING—OCTOBER 3, 2019



Please join us for our 2019 Annual Meeting at 12:30pm Thursday, October 3. We need everyone's input on our decisions for next year. And we have a real treat for you! We will be meeting at the Lake Superior National Estuarine Research Reserve (NERR) on Barker's Island! After you cross the bridge onto the island, turn left and keep left; we will be meeting in the first building on your left; there will be a poster on the door so you can find us. Coffee and "with it" will be served, and there will be a tour of the Estuarium Exhibit after the meeting.

We are very lucky to have the NERR; there are only two on the Great Lakes. The system of 29 reserves across the US do long-term research and education supporting innovative coast science and management. The research done at this site is vital to the understanding of freshwater resources and the health of the Great Lakes which hold more than 20 percent of the Earth's surface freshwater. The reserve spans approximately 16,700 acres encompassing portions of the St. Louis River estuary and adjacent public lands in Douglas County. The NERR partners with the University of Wisconsin—Superior and UW Extension to provide internships, educate teachers, students, and the public; and bring funds into our economy.



Join us for a day of accomplishment and learning---it's what HCE is all about!

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Help your local library plan for the future! How can we help you get the **most** out of your library card? Take our survey and give us your feedback--you could win a \$25 gift card to Super One Foods, Empire Coffee, or Twisted Pastries! The survey runs through **October 6** and can be accessed online (superiorlibrary.org/survey), or you can find paper copies at the libraries (Superior, Solon Springs and Lake Nebagamon) and at different locations around Superior. Ten minutes, tops! The results of the survey will be used to create the library's five-year strategic plan. Thanks for your help!

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new members (and keeping the ones we have)! Three things to remember are:

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Reflect on the reason you first joined, and why you continue your membership. A personal anecdote relating to how HCE has helped you is often the most compelling. You know the value of membership—put that into words.

Listen to prospective members—uncover their needs. Are they interested in learning? in service projects? in connecting with others? Tailor your message to address those needs, showing specifically how HCE will be of value to them.

Be enthusiastic...don't let objections throw you. Objections are often a request for more information, or may give your member prospect a pause, a chance to think through the idea of joining.

Follow up your prospect. It may take multiple "asks" before they come to a meeting or join the group.

Practice these steps, and don't get discouraged. You love your HCE group. Share the love. And help HCE sustain and grow its membership by getting the word out there.

HCE CRAFT SALE

Saturday, October 5, 2019

9:00 a.m. – 3:00 p.m.

\$1.00 ADMISSION

(includes free door prize ticket)

HEAD OF THE LAKES FAIRGROUNDS
4700 TOWER AVE., SUPERIOR, WI
MULTI-PURPOSE BUILDING

PHOTOGRAPHY, JEWELRY, HOLIDAY DÉCOR, WOOD CRAFTS,
NEEDLEWORK, FLORALS, SEASONAL,
AND MUCH MORE FROM LOCAL CRAFTERS!

- **FREE COFFEE**
- **BAKE SALE**
- **LUNCH**
- **QUILT RAFFLE**
- **DOOR PRIZES**



Solid Rock donations = 1 free door prize ticket



**DOUGLAS COUNTY ASSOCIATION FOR HOME AND COMMUNITY EDUCATION (HCE)
PROCEEDS SUPPORT SCHOLARSHIPS AND EDUCATIONAL PROGRAMS**



Home & Community Education

Northwest District Meeting

October 10, 2019

Bethany Lutheran Church

24096 1st Ave, Siren WI 54872

9:30 – 10:00 Registration
10:00 – 12:30 Meeting
12:30 Lunch
Crafts to follow

\$12.00 per person

Craft choices:

Candy Turkey Favor \$1
Leaf Mobile \$1
Painted Seasonal Ceramic \$1
Quantities limited, please rank
selections below (1, 2 or 3)



Extension
UNIVERSITY OF WISCONSIN-MADISON

Send Registrations to the
Burnett County UW Extension office by October 1st

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2019 Northwest District Meeting Registration

HCE - Building Community Together for Tomorrow

\$12.00 per person

Name _____ County _____

Address _____

City _____ State _____ Zip _____ +4 _____

Please make check payable to: BCAHCE, Inc.

MAIL TO:

UW Extension Office
7410 County Rd K, #107
Siren WI 54872
Or drop it off at the Government Center

Craft Choices: please rank your preference

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Pay for your craft that day.

Thursday Oct. 3, 12:30 p.m.	Program Planning:	Lake Superior Estuary Barkers Island	
1:30 p.m.	~Plan 2020 events and learn about the Estuary.		
	Annual Meeting	Barkers Island	
	~Review 2019, budget for 2020, election of officers, and more.		
Saturday, Oct. 5, 9a.m. - 3p.m..	Craft Sale	Fairgrounds	
	~Crafts, lunch, fun day.		
Nov. 3-9 entire week	WAHCE WEEK		
Thursday, Nov. 7, 12:30	Program Planning Final	Library	VP
12:45	Board Meeting	Library	President
1:30	Gifts from your Kitchen	Library	
Thursday, Nov. 28-29	Thanksgiving and office closed		

OCTOBER 2019						
S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		



NOVEMBER 2019						
S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

We're on the web! Be sure to visit the Douglas County Family Living website at: <http://douglas.uwex.edu/flp/> and click on Douglas County Home and Community Education (HCE), then click on the Dispatch Newsletter link.

Bonnie Gronquist & Howard
4238 S. Kellogg Road
South Range, WI 54874

Douglas County UWEX
1313 Belknap Street
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- **LUNCH**
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- **DOOR PRIZES**



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Address _____

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Nov. 3-9 entire week	WAHCE WEEK	
Thursday, Nov. 7, 12:30 12:45 1:30	Program Planning Final Board Meeting Gifts from your Kitchen	Library Library Library
Thursday, Nov. 28-29	Thanksgiving and office closed	VP President

OCTOBER 2019						
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Mary Ann Gronquist
6950 E. Cloverdale Drive
South Range, WI 54874

Douglas County UWEX
1313 Belknap Street
Courthouse Room 107
Superior, WI 54880



DISPATCH



OCTOBER 2019

Douglas County HCE Superior, WI

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Minutes submitted for approval by Jo Mersnick

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- 19-Keep your freezer full. It runs more efficiently that way.
- 20-Keep inexpensive reusable left-over containers on hand to share with guests.
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ANNUAL MEETING—OCTOBER 3, 2019



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Follow up your prospect. It may take multiple "asks" before they come to a meeting or join the group.

Practice these steps, and don't get discouraged. You love your HCE group. Share the love. And help HCE sustain and grow its membership by getting the word out there.

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9:00 a.m. – 3:00 p.m.

\$1.00 ADMISSION

(includes free door prize ticket)

HEAD OF THE LAKES FAIRGROUNDS
4700 TOWER AVE., SUPERIOR, WI
MULTI-PURPOSE BUILDING

PHOTOGRAPHY, JEWELRY, HOLIDAY DÉCOR, WOOD CRAFTS,
NEEDLEWORK, FLORALS, SEASONAL,
AND MUCH MORE FROM LOCAL CRAFTERS!

- **FREE COFFEE**
- **BAKE SALE**
- **LUNCH**
- **QUILT RAFFLE**
- **DOOR PRIZES**



Solid Rock donations = 1 free door prize ticket



**DOUGLAS COUNTY ASSOCIATION FOR HOME AND COMMUNITY EDUCATION (HCE)
PROCEEDS SUPPORT SCHOLARSHIPS AND EDUCATIONAL PROGRAMS**



Home & Community Education

Northwest District Meeting

October 10, 2019

Bethany Lutheran Church

24096 1st Ave, Siren WI 54872

9:30 – 10:00 Registration
10:00 – 12:30 Meeting
12:30 Lunch
Crafts to follow

\$12.00 per person

Craft choices:

Candy Turkey Favor \$1
Leaf Mobile \$1
Painted Seasonal Ceramic \$1
Quantities limited, please rank
selections below (1, 2 or 3)



Extension
UNIVERSITY OF WISCONSIN-MADISON

Send Registrations to the
Burnett County UW Extension office by October 1st

The University of Wisconsin Extension provides affirmative action and equal opportunity in education, programming and employment for all qualified persons regardless of race, color, gender/sex, creed, disability, religion, national origin, ancestry, age, sexual orientation, pregnancy, marital or parental, arrest or conviction record or veteran status.

2019 Northwest District Meeting Registration

HCE - Building Community Together for Tomorrow

\$12.00 per person

Name _____ County _____

Address _____

City _____ State _____ Zip _____ +4 _____

Please make check payable to: BCAHCE, Inc.

MAIL TO:

UW Extension Office
7410 County Rd K, #107
Siren WI 54872
Or drop it off at the Government Center

Craft Choices: please rank your preference

_____ Candy Turkey Favor
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_____ Painted Seasonal Ceramic
Pay for your craft that day.

Thursday Oct. 3, 12:30 p.m.	Program Planning:	Lake Superior Estuary Barkers Island	
1:30 p.m.	~Plan 2020 events and learn about the Estuary.		
	Annual Meeting	Barkers Island	
	~Review 2019, budget for 2020, election of officers, and more.		
Saturday, Oct. 5, 9a.m. - 3p.m..	Craft Sale	Fairgrounds	
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Nov. 3-9 entire week	WAHCE WEEK		
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- **BAKE SALE**
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Burnett County UW Extension office by October 1st

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2019 Northwest District Meeting Registration

HCE - Building Community Together for Tomorrow

\$12.00 per person

Name _____ County _____

Address _____

City _____ State _____ Zip _____ +4 _____

Please make check payable to: BCAHCE, Inc.

MAIL TO:

UW Extension Office
7410 County Rd K, #107
Siren WI 54872
Or drop it off at the Government Center

Craft Choices: please rank your preference

_____ Candy Turkey Favor
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Pay for your craft that day.

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Cheryl McCuskey & Doug
11021 S. Business Hwy 53
Solon Springs, WI 54873

Douglas County UWEX
1313 Belknap Street
Courthouse Room 107
Superior, WI 54880



DISPATCH



OCTOBER 2019

Douglas County HCE Superior, WI

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- 17- Buy bigger containers of things, or shop at whole food co-ops and bring your own.
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- 19-Keep your freezer full. It runs more efficiently that way.
- 20-Keep inexpensive reusable left-over containers on hand to share with guests.
- 21-Shop for eco-friendly beauty products, home decor and fashion lines.
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ANNUAL MEETING—OCTOBER 3, 2019



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Follow up your prospect. It may take multiple "asks" before they come to a meeting or join the group.

Practice these steps, and don't get discouraged. You love your HCE group. Share the love. And help HCE sustain and grow its membership by getting the word out there.

HCE CRAFT SALE

Saturday, October 5, 2019

9:00 a.m. – 3:00 p.m.

\$1.00 ADMISSION

(includes free door prize ticket)

HEAD OF THE LAKES FAIRGROUNDS
4700 TOWER AVE., SUPERIOR, WI
MULTI-PURPOSE BUILDING

PHOTOGRAPHY, JEWELRY, HOLIDAY DÉCOR, WOOD CRAFTS,
NEEDLEWORK, FLORALS, SEASONAL,
AND MUCH MORE FROM LOCAL CRAFTERS!

- **FREE COFFEE**
- **BAKE SALE**
- **LUNCH**
- **QUILT RAFFLE**
- **DOOR PRIZES**



Solid Rock donations = 1 free door prize ticket



**DOUGLAS COUNTY ASSOCIATION FOR HOME AND COMMUNITY EDUCATION (HCE)
PROCEEDS SUPPORT SCHOLARSHIPS AND EDUCATIONAL PROGRAMS**



Home & Community Education

Northwest District Meeting

October 10, 2019

Bethany Lutheran Church

24096 1st Ave, Siren WI 54872

9:30 – 10:00 Registration
10:00 – 12:30 Meeting
12:30 Lunch
Crafts to follow

\$12.00 per person

Craft choices:

Candy Turkey Favor \$1
Leaf Mobile \$1
Painted Seasonal Ceramic \$1
Quantities limited, please rank
selections below (1, 2 or 3)



Extension
UNIVERSITY OF WISCONSIN-MADISON

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3032 South County Rd A
Superior, WI 54880

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1313 Belknap Street
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DISPATCH



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Douglas County HCE Superior, WI

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(includes free door prize ticket)

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4700 TOWER AVE., SUPERIOR, WI
MULTI-PURPOSE BUILDING

PHOTOGRAPHY, JEWELRY, HOLIDAY DÉCOR, WOOD CRAFTS,
NEEDLEWORK, FLORALS, SEASONAL,
AND MUCH MORE FROM LOCAL CRAFTERS!

- **FREE COFFEE**
- **BAKE SALE**
- **LUNCH**
- **QUILT RAFFLE**
- **DOOR PRIZES**



Solid Rock donations = 1 free door prize ticket



**DOUGLAS COUNTY ASSOCIATION FOR HOME AND COMMUNITY EDUCATION (HCE)
PROCEEDS SUPPORT SCHOLARSHIPS AND EDUCATIONAL PROGRAMS**



Home & Community Education

Northwest District Meeting

October 10, 2019

Bethany Lutheran Church

24096 1st Ave, Siren WI 54872

9:30 – 10:00 Registration
10:00 – 12:30 Meeting
12:30 Lunch
Crafts to follow

\$12.00 per person

Craft choices:

Candy Turkey Favor \$1
Leaf Mobile \$1
Painted Seasonal Ceramic \$1
Quantities limited, please rank
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UNIVERSITY OF WISCONSIN-MADISON

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Jane Anklaam
14 Heron Place
Superior, WI 54880

Douglas County UWEX
1313 Belknap Street
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DISPATCH



OCTOBER 2019

Douglas County HCE Superior, WI

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- 17- Buy bigger containers of things, or shop at whole food co-ops and bring your own.
- 18-Use compact florescent light bulbs—they last 10x longer than incandescent—or LED (light-emitting diodes) which last even longer. Dispose of your used bulbs at a recycler.
- 19-Keep your freezer full. It runs more efficiently that way.
- 20-Keep inexpensive reusable left-over containers on hand to share with guests.
- 21-Shop for eco-friendly beauty products, home decor and fashion lines.
- 22-Switch to Energy Star appliances when you upgrade.

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ANNUAL MEETING—OCTOBER 3, 2019



Please join us for our 2019 Annual Meeting at 12:30pm Thursday, October 3. We need everyone's input on our decisions for next year. And we have a real treat for you! We will be meeting at the Lake Superior National Estuarine Research Reserve (NERR) on Barker's Island! After you cross the bridge onto the island, turn left and keep left; we will be meeting in the first building on your left; there will be a poster on the door so you can find us. Coffee and "with it" will be served, and there will be a tour of the Estuarium Exhibit after the meeting.

We are very lucky to have the NERR; there are only two on the Great Lakes. The system of 29 reserves across the US do long-term research and education supporting innovative coast science and management. The research done at this site is vital to the understanding of freshwater resources and the health of the Great Lakes which hold more than 20 percent of the Earth's surface freshwater. The reserve spans approximately 16,700 acres encompassing portions of the St. Louis River estuary and adjacent public lands in Douglas County. The NERR partners with the University of Wisconsin—Superior and UW Extension to provide internships, educate teachers, students, and the public; and bring funds into our economy.



Join us for a day of accomplishment and learning---it's what HCE is all about!

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It's October. By now we have all paid our dues, but we should also be thinking about how to grow so we can survive and THRIVE! It's a challenge for all organizations, but we want to be THE BEST at recruiting

new members (and keeping the ones we have)! Three things to remember are:

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Not comfortable with recruiting? Few of us are, but every day we unconsciously persuade colleagues, friends and family to do things we want them to do. We just have to use the same principles and techniques to talk about HCE membership. Here's how!

Be prepared. Have a copy of our HCE brochure or newsletter handy to share when you explain what HCE is all about and what's coming up.

Reflect on the reason you first joined, and why you continue your membership. A personal anecdote relating to how HCE has helped you is often the most compelling. You know the value of membership—put that into words.

Listen to prospective members—uncover their needs. Are they interested in learning? in service projects? in connecting with others? Tailor your message to address those needs, showing specifically how HCE will be of value to them.

Be enthusiastic...don't let objections throw you. Objections are often a request for more information, or may give your member prospect a pause, a chance to think through the idea of joining.

Follow up your prospect. It may take multiple "asks" before they come to a meeting or join the group.

Practice these steps, and don't get discouraged. You love your HCE group. Share the love. And help HCE sustain and grow its membership by getting the word out there.

HCE CRAFT SALE

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9:00 a.m. – 3:00 p.m.

\$1.00 ADMISSION

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South Range, WI 54874

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- **FREE COFFEE**
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Home & Community Education

Northwest District Meeting

October 10, 2019

Bethany Lutheran Church

24096 1st Ave, Siren WI 54872

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10:00 – 12:30 Meeting
12:30 Lunch
Crafts to follow

\$12.00 per person

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Judy Christensen
4161 S County Road A
Superior, WI 54880

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1313 Belknap Street
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OCTOBER 2019

Douglas County HCE Superior, WI

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In between Mother Nature teases us with a warm day much like summer. Watch the color of leaves change from greens to burgundy, red, orange and yellow a beautiful sight, and letting us know they are getting ready for their long winter's naps. Hear the crunch of dry leaves underfoot and honking of geese flocking to fly south. Enjoy the season.

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Fall District Meeting – October 10, 2019

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Minutes submitted for approval by Jo Mersnick

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22 WAYS TO A GREENER HOME

- 1-Don't heat an empty house: turn your winter thermostat to 68° in the day and 55° at night or when no one's home.
- 2-Buy the dog a canvas leash instead of nylon—natural fibers are better than oil-based.
- 3-Turn your computer and monitor OFF when you're done—sleeping takes energy.
- 4-Clean your refrigerator coils for a more efficient-running appliance.
- 5-Cancel the newspaper and read it online instead.
- 6-Buy rechargeable batteries. And dispose of old batteries properly.
- 7-Use cloth napkins instead of paper ones.
- 8-Repair leaky faucets, install water-saving toilets and showerheads and only run dish or clothes and washers when full.
- 9-Stop using toxin-loaded dryer sheets; invest in wool dryer balls—they work great!
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- 11-Read magazines then pass them on.
- 12-E-file your taxes to cut back on paper usage.
- 13-Pay bills online for the same reason.
- 14-Buy a new houseplant; they are good for your home atmosphere.
- 15-Donate old newspapers to an animal shelter.
- 16-Switch to chemical-free cleaning products.
- 17- Buy bigger containers of things, or shop at whole food co-ops and bring your own.
- 18-Use compact florescent light bulbs—they last 10x longer than incandescent—or LED (light-emitting diodes) which last even longer. Dispose of your used bulbs at a recycler.
- 19-Keep your freezer full. It runs more efficiently that way.
- 20-Keep inexpensive reusable left-over containers on hand to share with guests.
- 21-Shop for eco-friendly beauty products, home decor and fashion lines.
- 22-Switch to Energy Star appliances when you upgrade.

Submitted by,
Sue Hendrickson

ANNUAL MEETING—OCTOBER 3, 2019



Please join us for our 2019 Annual Meeting at 12:30pm Thursday, October 3. We need everyone's input on our decisions for next year. And we have a real treat for you! We will be meeting at the Lake Superior National Estuarine Research Reserve (NERR) on Barker's Island! After you cross the bridge onto the island, turn left and keep left; we will be meeting in the first building on your left; there will be a poster on the door so you can find us. Coffee and "with it" will be served, and there will be a tour of the Estuarium Exhibit after the meeting.

We are very lucky to have the NERR; there are only two on the Great Lakes. The system of 29 reserves across the US do long-term research and education supporting innovative coast science and management. The research done at this site is vital to the understanding of freshwater resources and the health of the Great Lakes which hold more than 20 percent of the Earth's surface freshwater. The reserve spans approximately 16,700 acres encompassing portions of the St. Louis River estuary and adjacent public lands in Douglas County. The NERR partners with the University of Wisconsin—Superior and UW Extension to provide internships, educate teachers, students, and the public; and bring funds into our economy.



Join us for a day of accomplishment and learning---it's what HCE is all about!

LOVE YOUR LIBRARY? YOU CAN HELP

Help your local library plan for the future! How can we help you get the **most** out of your library card? Take our survey and give us your feedback--you could win a \$25 gift card to Super One Foods, Empire Coffee, or Twisted Pastries! The survey runs through **October 6** and can be accessed online (superiorlibrary.org/survey), or you can find paper copies at the libraries (Superior, Solon Springs and Lake Nebagamon) and at different locations around Superior. Ten minutes, tops! The results of the survey will be used to create the library's five-year strategic plan. Thanks for your help!

CALLING ALL QUILTS!

We'd like finish up delivering the last of the children's quilts. Please help the Hilltoppers out by bringing the outstanding quilts to the Annual Meeting or the Extension Office ASAP!

Also, by now you have probably received your quilt raffle tickets. Just to clarify, the quilt is in actually teal and magenta if your tickets do not show this!



PLEASE LET YOUR HUNTERS KNOW THAT HERSCH MEATS IN POPLAR IS AGAIN PREPARING DONATED VENISON FOR LOCAL FOOD SHELVES!

Submitted by, Sue Hendrickson



MEETING THE MEMBERSHIP CHALLENGE—

Sue Hendrickson, Membership Marketing

It's October. By now we have all paid our dues, but we should also be thinking about how to grow so we can survive and THRIVE! It's a challenge for all organizations, but we want to be THE BEST at recruiting

new members (and keeping the ones we have)! Three things to remember are:

Folks can't join our clubs if they don't know we exist

People won't join if they don't get a good first impression

Members won't stay if their needs aren't being met

Not comfortable with recruiting? Few of us are, but every day we unconsciously persuade colleagues, friends and family to do things we want them to do. We just have to use the same principles and techniques to talk about HCE membership. Here's how!

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Douglas County HCE Superior, WI

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Home & Community Education

Northwest District Meeting

October 10, 2019

Bethany Lutheran Church

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10:00 – 12:30 Meeting
12:30 Lunch
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Jeanette Rantala
10043 East Bennett Road
Lake Nebagamon, WI 54849

Douglas County UWEX
1313 Belknap Street
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- 17- Buy bigger containers of things, or shop at whole food co-ops and bring your own.
- 18-Use compact florescent light bulbs—they last 10x longer than incandescent—or LED (light-emitting diodes) which last even longer. Dispose of your used bulbs at a recycler.
- 19-Keep your freezer full. It runs more efficiently that way.
- 20-Keep inexpensive reusable left-over containers on hand to share with guests.
- 21-Shop for eco-friendly beauty products, home decor and fashion lines.
- 22-Switch to Energy Star appliances when you upgrade.

Submitted by,
Sue Hendrickson

ANNUAL MEETING—OCTOBER 3, 2019



Please join us for our 2019 Annual Meeting at 12:30pm Thursday, October 3. We need everyone's input on our decisions for next year. And we have a real treat for you! We will be meeting at the Lake Superior National Estuarine Research Reserve (NERR) on Barker's Island! After you cross the bridge onto the island, turn left and keep left; we will be meeting in the first building on your left; there will be a poster on the door so you can find us. Coffee and "with it" will be served, and there will be a tour of the Estuarium Exhibit after the meeting.

We are very lucky to have the NERR; there are only two on the Great Lakes. The system of 29 reserves across the US do long-term research and education supporting innovative coast science and management. The research done at this site is vital to the understanding of freshwater resources and the health of the Great Lakes which hold more than 20 percent of the Earth's surface freshwater. The reserve spans approximately 16,700 acres encompassing portions of the St. Louis River estuary and adjacent public lands in Douglas County. The NERR partners with the University of Wisconsin—Superior and UW Extension to provide internships, educate teachers, students, and the public; and bring funds into our economy.



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Submitted by,
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Join us for a day of accomplishment and learning---it's what HCE is all about!

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MULTI-PURPOSE BUILDING

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NEEDLEWORK, FLORALS, SEASONAL,
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Home & Community Education

Northwest District Meeting

October 10, 2019

Bethany Lutheran Church

24096 1st Ave, Siren WI 54872

9:30 – 10:00 Registration
10:00 – 12:30 Meeting
12:30 Lunch
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Carol Smith
2421 E. 7th Street
Superior, WI 54880

Douglas County UWEX
1313 Belknap Street
Courthouse Room 107
Superior, WI 54880



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OCTOBER 2019

Douglas County HCE Superior, WI

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- 3-Turn your computer and monitor OFF when you're done—sleeping takes energy.
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- 5-Cancel the newspaper and read it online instead.
- 6-Buy rechargeable batteries. And dispose of old batteries properly.
- 7-Use cloth napkins instead of paper ones.
- 8-Repair leaky faucets, install water-saving toilets and showerheads and only run dish or clothes and washers when full.
- 9-Stop using toxin-loaded dryer sheets; invest in wool dryer balls—they work great!
- 10-Recycle!
- 11-Read magazines then pass them on.
- 12-E-file your taxes to cut back on paper usage.
- 13-Pay bills online for the same reason.
- 14-Buy a new houseplant; they are good for your home atmosphere.
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- 16-Switch to chemical-free cleaning products.
- 17- Buy bigger containers of things, or shop at whole food co-ops and bring your own.
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Lake Nebagamon, WI 54849

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1313 Belknap Street
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Douglas County HCE Superior, WI

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- 6-Buy rechargeable batteries. And dispose of old batteries properly.
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MULTI-PURPOSE BUILDING

PHOTOGRAPHY, JEWELRY, HOLIDAY DÉCOR, WOOD CRAFTS,
NEEDLEWORK, FLORALS, SEASONAL,
AND MUCH MORE FROM LOCAL CRAFTERS!

- **FREE COFFEE**
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Home & Community Education

Northwest District Meeting

October 10, 2019

Bethany Lutheran Church

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9:30 – 10:00 Registration
10:00 – 12:30 Meeting
12:30 Lunch
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\$12.00 per person

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Solon Springs, WI 54873

P.O.Box 217

Donna Tollefson

Douglas County UWEX
1313 Belknap Street
Courthouse Room 107
Superior, WI 54880



DISPATCH



OCTOBER 2019

Douglas County HCE Superior, WI

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Annual Meeting: October 3, 2019 - 1:30 p.m. at the National Estuarine Research Reserve

Craft Sale: October 5, 2019 HOL Fairgrounds

Fall District Meeting – October 10, 2019

Meeting closed at 2:45 with the HCE prayer.

Minutes submitted for approval by Jo Mersnick

CRAFT SALE SPECIAL PROJECT

The Special Project for this year's Craft Sale will be donations to the Solid Rock Mission. Things they can use are non-perishable foods, male personal care items such as toothbrushes,, toothpaste, razors, shaving cream, soap, deodorant, personal wipes, nail clippers, etc. and new or gently used wash cloths and towels and pillowcases. If you bring items for the mission , you will receive an extra door prize ticket. The Mission is also affiliated with the Northwest Community Services Free Store located at 1118 Tower Ave, Superior, Wi, where there is always a need for clothing and household items. You can drop items off there between 9—4:30 p.m., Monday through Thursday. Please donate to those less fortunate than we are. Thank you@



Submitted by,
Mary Ann Gronquist



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South Range, WI 54874

Douglas County UWEX
1313 Belknap Street
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Superior, WI 54880



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Douglas County HCE Superior, WI

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Minutes submitted for approval by Jo Mersnick

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Submitted by,
Mary Ann Gronquist



22 WAYS TO A GREENER HOME

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MULTI-PURPOSE BUILDING

PHOTOGRAPHY, JEWELRY, HOLIDAY DÉCOR, WOOD CRAFTS,
NEEDLEWORK, FLORALS, SEASONAL,
AND MUCH MORE FROM LOCAL CRAFTERS!

- **FREE COFFEE**
- **BAKE SALE**
- **LUNCH**
- **QUILT RAFFLE**
- **DOOR PRIZES**



Solid Rock donations = 1 free door prize ticket



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PROCEEDS SUPPORT SCHOLARSHIPS AND EDUCATIONAL PROGRAMS**



Home & Community Education

Northwest District Meeting

October 10, 2019

Bethany Lutheran Church

24096 1st Ave, Siren WI 54872

9:30 – 10:00 Registration
10:00 – 12:30 Meeting
12:30 Lunch
Crafts to follow

\$12.00 per person

Craft choices:

Candy Turkey Favor \$1
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Painted Seasonal Ceramic \$1
Quantities limited, please rank
selections below (1, 2 or 3)



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Address _____

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Pat Wermter
6694 S. Woodland Trail
Lake Nebagamon, WI 54849

Douglas County UWEX
1313 Belknap Street
Courthouse Room 107
Superior, WI 54880



DISPATCH



OCTOBER 2019

Douglas County HCE Superior, WI

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In between Mother Nature teases us with a warm day much like summer. Watch the color of leaves change from greens to burgundy, red, orange and yellow a beautiful sight, and letting us know they are getting ready for their long winter's naps. Hear the crunch of dry leaves underfoot and honking of geese flocking to fly south. Enjoy the season.

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See you there!

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September 5, 2019 – Superior Public Library

Roll Call: Hilltoppers 2, Merry Mates 1, Town & Country 2, Advisor 0

The meeting was opened at 1:30 p.m. by President Cheryl McCuskey with the HCE Creed.

Secretary's Report: Jo Mersnick –The Secretary's report was approved and placed on file.

Correspondence: DCAHCE received an invitation from UWS to attend the Foundation Appreciation Dinner.

Treasurer's Report: Linda Williams – The Treasurer's report included May, June, July, and August.

The report was approved and placed on file for review. Sue Hendrickson reported on the Quiltathon expenses and receipts. Linda passed out information for the clubs dues due September 30th.

Sunshine: Cheryl McCuskey reported on the Sunshine Fund. Remember to call Cheryl when you hear of someone who needs a card.

Dispatch: Due September 15 for October Dispatch.

COMMITTEE REPORTS:

VP Programming and Community Outreach: Marion Bradley - The Program Surveys have been compiled and will be presented at the October 3rd Program Planning meeting at 12:30.

Cultural Arts: Mary Ann Gronquist -The Cultural Arts winners will be entered into the Cultural Arts competition at the State Conference. Cheryl will be leaving Sept. 15. for the WAHCE State Conference.

International: The focus is on Cuba. Christa Williams-Clements will write the articles.

Membership/Marketing: Club members sold raffle tickets at the PR booth which was in the HOL Fair 4H building and the North Country Living Expo at the Mariner Retail and Business Center . There are many books left over from the bookworm program and several were given away to children at the PR booth and the Expo. Books will be available for children at the Craft Sale, too, and at all events until they are gone.

Scholarship: Linda Williams - The Melinda Boswell Scholarship will go to a WITC student this year.

WI Bookworms™: - The Bookworm program has been discontinued in Douglas County. This situation will be discussed at the Annual Board Meeting.

Human Development & Relationships Educator: Tracy Henegar This is a half-time position now. Tracy is also involved with parenting programs and the needs of families in Douglas County. She is a specialist with children who have undergone traumatic experiences in life.

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Duluth, MN 55812
1617 E 2nd St
Sharon Forse

Douglas County UWEX
1313 Belknap Street
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DISPATCH



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Douglas County HCE Superior, WI

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Solid Rock donations = 1 free door prize ticket



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Home & Community Education

Northwest District Meeting

October 10, 2019

Bethany Lutheran Church

24096 1st Ave, Siren WI 54872

9:30 – 10:00 Registration
10:00 – 12:30 Meeting
12:30 Lunch
Crafts to follow

\$12.00 per person

Craft choices:

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Quantities limited, please rank
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DISPATCH



OCTOBER 2019

Douglas County HCE Superior, WI

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See you there!

Linda Williams, Treasurer



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HCE EXECUTIVE BOARD MEETING MINUTES

September 5, 2019 – Superior Public Library

Roll Call: Hilltoppers 2, Merry Mates 1, Town & Country 2, Advisor 0

The meeting was opened at 1:30 p.m. by President Cheryl McCuskey with the HCE Creed.

Secretary's Report: Jo Mersnick –The Secretary's report was approved and placed on file.

Correspondence: DCAHCE received an invitation from UWS to attend the Foundation Appreciation Dinner.

Treasurer's Report: Linda Williams – The Treasurer's report included May, June, July, and August.

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Roll Call: Hilltoppers 2, Merry Mates 1, Town & Country 2, Advisor 0

The meeting was opened at 1:30 p.m. by President Cheryl McCuskey with the HCE Creed.

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Correspondence: DCAHCE received an invitation from UWS to attend the Foundation Appreciation Dinner.

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Minutes submitted for approval by Jo Mersnick

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- 1-Don't heat an empty house: turn your winter thermostat to 68° in the day and 55° at night or when no one's home.
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PHOTOGRAPHY, JEWELRY, HOLIDAY DÉCOR, WOOD CRAFTS,
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Solid Rock donations = 1 free door prize ticket



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PROCEEDS SUPPORT SCHOLARSHIPS AND EDUCATIONAL PROGRAMS**



Home & Community Education

Northwest District Meeting

October 10, 2019

Bethany Lutheran Church

24096 1st Ave, Siren WI 54872

9:30 – 10:00 Registration
10:00 – 12:30 Meeting
12:30 Lunch
Crafts to follow

\$12.00 per person

Craft choices:

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Painted Seasonal Ceramic \$1
Quantities limited, please rank
selections below (1, 2 or 3)



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Douglas County UWEX
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DISPATCH



OCTOBER 2019

Douglas County HCE Superior, WI

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- Sharing what we learn, and
- Caring to make a difference in our homes, communities, and the world.



DISPATCH ARTICLES DUE DATE

Dispatch articles are **due the 15th** of the month. When emailing your articles, please send them as an attachment.

Please mail or email them to:

Cheryl Shockley,
UW-Extension Editor
1313 Belknap St., Room 107
Superior, WI 54880
715-395-1363 or
cheryl.shockley@wisc.edu



Memo from the Board...

Autumn has arrived quite quietly. But all of our senses know what time of year it is. We see almost overnight how the clouds have changed from those fluffy puffy white ones floating in the bright blue sky to grayer, low hanging flat clouds indicative of fall. Smell that cool crisp air of the night lasting into early daytime. Feel the chill in the air, telling us to bring out the long sleeves and jackets.

In between Mother Nature teases us with a warm day much like summer. Watch the color of leaves change from greens to burgundy, red, orange and yellow a beautiful sight, and letting us know they are getting ready for their long winter's naps. Hear the crunch of dry leaves underfoot and honking of geese flocking to fly south. Enjoy the season.

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Northwest District Meeting

October 10, 2019

Bethany Lutheran Church

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9:30 – 10:00 Registration
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12:30 Lunch
Crafts to follow

\$12.00 per person

Craft choices:

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Quantities limited, please rank
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We're on the web! Be sure to visit the Douglas County Family Living website at: <http://douglas.uwex.edu/flp/> and click on Douglas County Home and Community Education (HCE), then click on the Dispatch Newsletter link.

Douglas County UWEX
1313 Belknap Street
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Superior, WI 54880



DISPATCH



OCTOBER 2019

Douglas County HCE Superior, WI

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17	18	19	20	21	22	23
24	25	26	27	28	29	30

We're on the web! Be sure to visit the Douglas County Family Living website at: <http://douglas.uwex.edu/flp/> and click on Douglas County Home and Community Education (HCE), then click on the Dispatch Newsletter link.

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