

## FOOD AND CLOTHING RESOURCES - DOUGLAS COUNTY

### Food Shelves

#### **Central Assembly of God**

3000 Hammond Avenue Superior WI  
715-394-5567

**Distribution:** Thursday 1:00 pm – 3:00 pm

**Eligibility:** One bag per household per month.

#### **Christian Ministry Alliance**

1824 North 16<sup>th</sup> Street, Superior WI  
715-394-9475

**Distribution:** Call for information

#### **Faith United Methodist Church**

1531 Hughitt Avenue Superior, WI  
715-394-9608

**Distribution:** Tuesday, 4:00 pm – 6:30 pm

**Eligibility:** Once per month, photo ID, + proof of legal mailing address if not on photo

#### **Gordon Area Food Shelf**

Gordon WI 54838  
1-715-376-4798

**Distribution:** Wednesday, 9 am – noon.

**Eligibility:** Residents of Gordon, Solon Springs, Wascott. Bring proof of residence.

#### **Northwest Wisconsin Community Services Agency**

1118 Tower Avenue Superior WI  
715-392-5127

**Distribution:** Tuesday, Wednesday, Thursday  
1:00 pm – 3:30 pm  
Closed Fridays

#### **Superior Sr. Center**

1527 Tower Avenue  
715-394-3644

Senior Commodities: 3rd Tuesday of each month  
Pre-registration

#### **Senior Connections**

1805 N. 16<sup>th</sup> St.  
715-394-3611

Senior Farmer Market Voucher provider.

#### **Peace Lutheran Church**

Rural Care and Share Food Shelf  
9523 East US Highway 2 Poplar WI  
715-364-2593

**Distribution:** once per month; 3rd Saturday  
9:00 am – 11:00 am

Produce & Fruit Truck following Thursday 9:00 am

**Eligibility:** Bring ID and proof of address

#### **The Salvation Army**

916 Hughitt Avenue Superior WI  
715-394-7001 Ext. 104

**Distribution:** Monday, Wed., Thursday, Friday  
1:00 pm-3:00 pm

**Eligibility:** Service may be accessed once per month. Photo ID, proof of legal mailing address.

**Notes:** Produce Truck - 2nd Tuesday of every month  
1:00 pm-2:30 pm.

Rental, utility, furniture, HH assistance - by appointment

#### **The Vineyard Church**

603 Faxon Street Superior WI  
715-718-2601 (Recorded information line)

**Distribution:** Call to get day of month: 10:00 -  
11:30am

**Eligibility:** Must bring ID with each time; SS or birth certificate for all children

**Notes:** Food, produce (when available) toiletries, clothing.

#### **UW-Superior Yellowjacket Pantry**

Valid Student ID required  
CETL Suite, Swenson Hall 2075  
715-394-8548

### Food Buying Club

#### **Sharing One's Surplus Food Share Ministry (SOS)**

Mission Covenant Church  
5161 S County Rd P, Poplar WI  
715-364-2738

Cost \$30 (cash only) per share  
No income restrictions

#### **Distribution** 2nd Saturday of every month

Registration 8:00 - 9:30 am

Distribution 10:00 am

**Notes:** Bring a box

### Free Clothing

#### **Northwest Wisconsin Community Services Agency**

1118 Tower Avenue Superior WI  
715-392-5127

**Hours:** 8:00 am-11:00 am & 1:00 pm – 3:30 pm  
Monday – Thursday; Closed Friday

#### **Our Saviors Lutheran Church**

1924 Wyoming Avenue Superior WI  
715-394-3472

**Hours:** 9:00 am – 1:00 pm Monday – Thursday

### Hot Meals

#### **Christian Missionary Alliance**

1824 North 16<sup>th</sup> Street Superior WI  
715-394-9475

**Meal:** Third Thursday at dinnertime

#### **Faith United Methodist Church**

1531 Hughitt Avenue Superior WI

**Meal:** 4:00 pm 1<sup>st</sup>, 2<sup>nd</sup>, & 5<sup>th</sup> Sundays each month.

#### **First Evangelical Covenant Church**

3311 Hammond Avenue Superior, WI  
715-392-4051

**Meal:** 4 pm – 4<sup>th</sup> Sunday each month

#### **New Beginnings Ministry**

1326 Pine Avenue Superior WI

**Meal:** Sundays after service

#### **The Solid Rock Safe Haven**

1004 North 6<sup>th</sup> St. Superior WI  
715-392-6264

**Meal:** 5:00 pm – 5:30 pm Monday – Friday  
4:00 pm – 5:00 pm Saturday

#### **United Presbyterian Church**

229 N. 28<sup>th</sup> St. Superior, WI 54880  
715-392-4751

**Meal:** 4 pm – 3<sup>rd</sup> Sunday each month

#### **Superior Middle School**

##### **Superior High School (school year)**

All under 18 years of age receive 1 free after school dinner – Dinner times vary: check school for times. Additional items available for a charge. \$3.50/adult.

Meals provided by School District Superior  
3025 Tower Avenue, Superior, WI 54880

### Other Resources

#### **Douglas County FoodShare Program (SNAP Ed)**

1316 N. 14<sup>th</sup> St. Suite 400 Superior WI  
715-395-1304

[access.wisconsin.gov](http://access.wisconsin.gov)

Formerly known as the Food Stamp program

#### **WIC - Douglas County**

1805 Nth 14th Street, Suite 4, Superior WI  
715-394-2750

[wic@northwest-csa.org](mailto:wic@northwest-csa.org)

WIC provides supplemental foods to eligible pregnant, post-partum women, infants and children up to age 5. Farmers Market Vouchers and “Babies Need Boxes” provider.

#### **UW Madison FoodWise Nutritional Education**

<https://douglas.uwex.edu/nutrition-education/>

Julie Montgomery, Coordinator 715-395-1427

Tarah Nichols, Educator 715-395-7443

[julie.montgomery@wisc.edu](mailto:julie.montgomery@wisc.edu)

[Tarah.nichols@wisc.edu](mailto:Tarah.nichols@wisc.edu)

UW Madison Extension FoodWise provides youth in-school & adult education, meal planning, grocery tours, eat well-spend less education, StronG Bodies Strength training exercise programs FREE to DC residents (50% must be SNAP/Food Share eligible)

## FOOD AND CLOTHING RESOURCES - DOUGLAS COUNTY

### HUMAN SERVICES

Adult Protective Services (APS) conducts elder and adult at risk abuse

Aging and Disability Resource Center (ADRC) provides information to the general public about services, resources, and programs for adults with disabilities, children with disabilities e elderly in need of assistance.

Alcohol and Other Drug Abuse (AODA) Services provides chemical dependency and other drug abuse.

Economic Support Medical Assistance, FoodShare, and Energy Assistance programs.

Intake and Assessment Child Protection Investigative Services, and Access Intake services involving children.

Mental Health Services coordinates the provision of services to provide treatment and support to individuals who have a mental illness.

Youth and Family Services supports children and families by identifying, preventing, and resolving conditions which may contribute to delinquency, maltreatment, truancy, etc.

Government Center  
1316 North 14th Street  
Room 324  
Superior, WI 54880  
715-395-1304

### ENVIRONMENTAL HEALTH

Environmental Health provides a variety of programs aimed at identifying, controlling, and preventing environmental health hazards in the community. (715) 395-1304

### PUBLIC HEALTH NURSING

The Douglas County Health Division provides adult services and maternal child services.

Public Health Nursing  
1316 N 14th St #400, Superior, WI  
Phone: (715) 395-1304

### VETERAN SERVICES

Provides support to county veterans and their families. Ensure veterans and their families are receiving the State and Federal benefits that they are entitled to.

1316 N 14<sup>th</sup> St, Superior, WI 54880  
Phone: (715) 395-1331

### EDUCATION

Superior Lake Superior Literacy  
3626 Hammond | Superior, WI 54880  
Email: [lakesuperiorlitcouncil@gmail.com](mailto:lakesuperiorlitcouncil@gmail.com)

### W.I.T.C.

**GED or HSED help**  
600 N 21st St, Superior, WI 54880  
Phone: (715) 394-6677

### HOSPITALS

**St. Luke's Hospital**  
915 W Superior St. Duluth MN  
(218) 249-5555  
**St. Mary's Hospital – Superior**  
3500 Tower Ave, Superior, WI 54880  
715-817-7000

**Emergency- 9-1-1 for help**

### UNIVERSITY OF WI- MADISON EXTENSION SERVICES for Douglas County

County-based Extension educators are University of Madison faculty and staff

**Agriculture & Horticulture Educator**  
**Gardening & Farming**  
715-395-1515  
Jane Anklam  
[jane.anklam@wisc.edu](mailto:jane.anklam@wisc.edu)

**Community Development & Natural Resources Educator**  
James Anderson  
715-395-1547  
[james.anderson@wisc.edu](mailto:james.anderson@wisc.edu)

**Human Development & Relationships Educator**  
Tracy Henegar  
715-395-1426  
[tracy.henegar@wisc.edu](mailto:tracy.henegar@wisc.edu)

**4-H Programs Coordinator**  
Katelin Stenroos  
715-395-1365  
[Katelin.stenroos@wisc.edu](mailto:Katelin.stenroos@wisc.edu)

**FoodWise Coordinator**  
Julie Montgomery  
715-395-1527  
[julie.montgomery@wisc.edu](mailto:julie.montgomery@wisc.edu)

**FoodWise Educator**  
Tarah Nichols  
715-395-7443  
[Tarah.nichols@wisc.edu](mailto:Tarah.nichols@wisc.edu)

**Extension Main Support**  
715-395-1363 Cheryl Shockley  
[cheryl.shockley@wisc.edu](mailto:cheryl.shockley@wisc.edu)

### A POCKET GUIDE TO: DOUGLAS COUNTY, WI SERVICES

- Education and Employment
- Selected Health & Human Services
  - Public Health
  - Veteran Services
  - Hospitals
- Selected Government and Community Services
- Food & Clothing Resources & Education



Prepared by  
**University of WI-Madison**  
**Extension Douglas County**  
**Courthouse Room 107**  
**1313 Belknap Street**  
**Superior, WI 54880**  
**715-395-1363 / fax 715-395-1399 / 711**  
**for Wisconsin (relay/TTY)**

University of Wisconsin, U.S. Department of Agriculture and Wisconsin counties cooperating. UW-Madison Division of Extension provides equal opportunities in employment and programming including Title IX and ADA requirements. Any person requiring special accommodations can call 715-395-1363 or email me in advance of scheduled programs so that appropriate arrangements can be made.

