

Ride for Fun Program



**Sponsored by the
Douglas County 4-H
Horse Association**

**Program Created by:
Cal Pearson, Roland Oswskey & Darlene Oswskey**

Ride For Fun Program

Thank you for your interest in the Ride for Fun Program sponsored by the Douglas County 4-H Horse Association. The program is similar to that of the American Quarter Horse Association in which members record hours spent riding and caring for their horse. The program has been expanded to include goal setting for the member and a health sheet for the horse.

This program can be judged at the fair and awarded a prize based on neatness, completeness, and knowledge. Fair entries are due to the Extension Office in mid-June – check with your leaders to find out the exact date. Your completed Ride for Fun Program is also due to the Extension Office in mid-June, regardless of whether you want to enter it in the fair or not. Those who do not wish to enter their program in the fair will receive a certificate of completion at a later date.

This program was developed keeping important 4-H principles in mind: goal setting, record keeping, and health.

The first aspect of this program is goal setting. Goals help us focus on what's important. You should write your goals for this program at the beginning of the 4-H year. In June you should review your goals to determine your success in reaching them. An example of a goal is: "This year my goal is to canter one time around the arena."

The second aspect of this program is record keeping. Record keeping is an important skill that will be used every day in life. When you are balancing a checkbook or filing taxes, you need to know how to keep records. You will learn to keep records in this program by logging the number of minutes you spend with your horse. This should allow you to reflect on your responsibilities and remain on task.

Finally, this program requires you to keep a health log. The health log will also teach you about record keeping. When an immunization is administered, you need to record it. The health record will also help in the scheduling of hoof trimming and worming dates. But most importantly, you will be able to tell the last time an immunization was administered and when a booster is needed. Documentation of injury or illness should also be recorded in the health log.

To enter this program as a fair exhibit, it should be complete, neat, and accurate. Consider organizing it in a folder with a few pictures. But most importantly, have fun with your horse! That's what this program is about! Contact your club leader or the Extension Office with any questions, suggestions, or if you need help. Thank you for participating and have fun!

My Goals for the Year _____

Member Name _____ Horse Name _____

My two goals are:

This year my accomplishments were:

What I would like to accomplish next year:
